

Product Description	Size	Fruit*	Smart Snack	Points
Fresh Anjou Pears	44 lb. box	1/2 cup	X	15
Fresh Bartlett Pears	44 lb. box	1/2 cup	X	15
Fresh Bosc Pears	44 lb. box	1/2 cup	X	15
Fresh Red Pears	44 lb. box	1/2 cup	X	15

To Qualify for Cool School Points, Pears must be fresh USA Pears from Oregon or Washington.

*Serving size based on one whole, raw pear (weighing approx. 6.54 oz.)



Pear Carrot Cranberry Muffins

Use fresh pears for **BREAKFAST!**

Using fresh pears in delicious recipes is one of the best ways to provide children with their daily source of fruits. Menu a Pear-Rhubarb Breakfast Crisp, Walnut Crepes with Wild Blueberries and Pears, Northwest Pear Breakfast Cookie, Oatmeal with Pears or even these delicious and nutritious **Pear Carrot Cranberry Muffins!**



Spicy Fish Tacos with Pear Mango Salsa

LUNCH that will nourish and **IMPRESS!**

Fish tacos are all the rage. Add more nutrition, flavor and freshness by adding a delicious Pear Mango Salsa. This will add a subtle, spicy-sweet flavor to these mouthwatering fish tacos. Your students will love this new recipe and many other great recipes featuring pears, such as: Pear and Ham Wraps, Bartlett Pear Quesadillas, Savory Pear Pizza and so much more!

USA Pears Pack Size and Ordering Information

Our fresh pears come packed in standard-size boxes that average 44 lbs. per box. Pear size is based on the number of pears that fit in a standard box; sizes range from the large 70 count to the small 150 count. To order, contact your produce supplier and specify fresh USA Pears. Ask for assistance on pre-ripening the pears or ripen them at your facility by simply storing them at room temperature until ripe, sweet and juicy!



©2018 USA Pears



Kids + Pears = A Pear-fect Match

Fresh pears are a healthy addition to your school lunch menu. While the nutritional qualities of fresh pears will please you, their sweet and juicy flavor will win over the kids!

a medium sized pear has

6 GRAMS OF FIBER

NO • Saturated Fat
• Sodium
• Cholesterol

While a Bartlett's skin color brightens as it ripens, most varieties of pears show little change in color.

The best way to judge ripeness for non-Bartlett varieties is to Check the Neck™: Apply gentle pressure to the neck of the pear with your thumb. If it yields to pressure, it's ripe. **Easy, isn't it?**

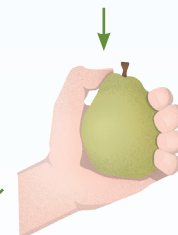


PEAR-FECT Guide to Ripe Pears



Lift the Lid

Take the lid off and open the inner plastic lining.



Check the Neck Daily for Ripeness



Store at Room Temperature to Ripen



Chill when Ripe



Enhance

YOUR MEAL PROGRAM WITH



PARTICIPATION IS AS EASY AS 1, 2, 3!



1 PURCHASE

manufacturer-qualifying products from our Member Manufacturers between 7/1/18 - 6/30/19.

2 SUBMIT

your points with your distributor purchase verification (usage/velocity reports) by 7/20/19.

Email: Support@CoolSchoolCafe.com
 Mail: Cool School Cafe
 PO Box 535
 Becker, MN 55308

3 SHOP

at CoolSchoolCafe.com to choose from a variety of items.



Equipment



Kathy W. Food Service Supervisor
 Defiance City Schools
 Defiance, OH



3-Step Little Jumbo Step Ladder
 55074100

Apparel



Terrebonne Parish School District, LA



Cool School Cafe Apron
 30082453

Continued Education



School Nutrition Association National Conference Registration (ANC)
 30082316



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